

November 2024

<p>Monday 28</p>	<p>Tuesday 29</p>	<p>Wednesday 30</p>	<p>Thursday 31</p>	<p>Friday 1</p> <p>Main course</p> <ul style="list-style-type: none"> • Pork Yakisoba (chow mein) • Beef and Carrots Stew • Pasta meat sauce • Fish sticks • Ham and Cheese Bagel • Mac & Cheese <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fruit Salad • Raw Vegetables
<p>Monday 4</p> <p>Main course</p> <ul style="list-style-type: none"> • Meatball Stew • Chicken Pilaf Rice • Special MERENDA Brunch • Manicotti Cheese & Spinach rose sauce • DUO Chicken salad wrap & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Yogourt Tube • Raw Vegetables 	<p>Tuesday 5</p> <p>Main course</p> <ul style="list-style-type: none"> • Shepherd's Pie • Chicken Cacciatore • Chicken Submarine • VEGE Shepherd's Pie • OLE OLE mexican salad ! • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • OATMEAL Sunny Cookie • Raw Vegetables 	<p>Wednesday 6</p> <p>Main course</p> <ul style="list-style-type: none"> • Butter chicken • Beef pad thai • Pizza BBQ chicken • Fish Pucks • DUO Chicken salad wrap & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Méli-Mélo Dessert • Raw Vegetables 	<p>Thursday 7</p> <p>Main course</p> <ul style="list-style-type: none"> • Hamburger • Chicken à la king PASTA • HOT CHICKEN PLATE • Veggie Burger • Pearl couscous salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Apple Cinnamon Cake • Raw Vegetables 	<p>Friday 8</p> <p>Main course</p> <ul style="list-style-type: none"> • Chicken Sausages • Chili Con Carne • Egg and Ham Burrito • Vegetarian Chili • DUO Chicken salad wrap & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fresh Fruits • Raw Vegetables
<p>Monday 11</p> <p>Main course</p> <ul style="list-style-type: none"> • Swedish meatballs • Chinese Buffet • Ham Pineapple sce • Swedish VEGE meatballs • DUO Egg Sandwich & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Apple Sauce • Raw Vegetables 	<p>Tuesday 12</p> <p>Main course</p> <ul style="list-style-type: none"> • Porc Souvlaki • Mexican Mac & Cheese ! • Pancake breakfast • Fish sticks • Fiesta Latino salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Yogourt Tube • Raw Vegetables 	<p>Wednesday 13</p> <p>Main course</p> <ul style="list-style-type: none"> • Hamburger • Nachos Pasta Gratin • Merenda Club Roll • Pasta and white fish stir-fry • DUO Egg Sandwich & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • RASPBERRY OATS Sunny Cookie • Raw Vegetables 	<p>Thursday 14</p> <p>Main course</p> <ul style="list-style-type: none"> • Pizzaghetti • Pasta Tomato Sce au Gratin • Turkey & Cheese Bagel • Shepherd's Tuna Pie • Six beans & veg. salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fresh Fruits • Raw Vegetables 	<p>Friday 15</p> <p>Main course</p> <ul style="list-style-type: none"> • Beef burrito - New! • Chicken strips gravy sauce • Duo Gnocchis & Pasta tomato sauce • VEGE burrito - New • DUO Egg Sandwich & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Oatmeal raisin cookie • Raw Vegetables
<p>Monday 18</p> <p>Main course</p> <ul style="list-style-type: none"> • Shepherd's Pie • Sweet & Sour Chicken Meatballs • Garden Omelette • VEGE Shepherd's Pie • Turkey & Cheese Baguet • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Yogourt • Raw Vegetables 	<p>Tuesday 19</p> <p>Main course</p> <ul style="list-style-type: none"> • Chicken Skillet Broccoli & Quinoa • Spaghetti Meatballs • Ham & Eggs Benedict • Spag Veggie. Meatballs • Chicken Cesar Salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fresh Fruits • Raw Vegetables 	<p>Wednesday 20</p> <p>Main course</p> <ul style="list-style-type: none"> • Beef Oriental Rice - New! • Beef Ravioli, Rose Sauce • Pizza All dressed • Fish Pucks • Turkey & Cheese Baguet • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Graham and flax sunshine cookie • Raw Vegetables 	<p>Thursday 21</p> <p>Main course</p> <ul style="list-style-type: none"> • Crispy Chicken Burger • Enchiladas PASTA • Breakfast Casserole • Veggie Burger • Tortellini & Vegetables Salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Granola bar • Raw Vegetables 	<p>Friday 22</p> <p>Main course</p> <ul style="list-style-type: none"> • Chicken Nuggets • Korean beef • Croque-Ado Sandwich • Italian Fish • Turkey & Cheese Baguet • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Banana Cake • Cheese

<p>Monday 25</p> <p>Main course</p> <ul style="list-style-type: none"> • Hamburger Steak • Dijon Chicken • Gourmet Pizza • Cheese Tortellini rosé sce • DUO Chicken sandwich & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Oatmeal dates cookie • Raw Vegetables 	<p>Tuesday 26</p> <p>Main course</p> <ul style="list-style-type: none"> • Hamburger • Chicken with orange sauce • Gigi's Penne • Veggie Burger • Pasta & ham salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Apple-strawberry sauce • Raw Vegetables 	<p>Wednesday 27</p> <p>Main course</p> <ul style="list-style-type: none"> • Teriyaki Meatballs • Pasta chicken broccoli alfredo • TEX-MEX Baguettine • Vegetarian Teriyaki Meatballs • DUO Chicken sandwich & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Fresh Fruits • Raw Vegetables 	<p>Thursday 28</p> <p>Main course</p> <ul style="list-style-type: none"> • Chicken Parmesan • Beef Pattati • Creole chicken • Parmigiana Tofu • Farfalles Chicken Greek Salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Yogourt Tube • Raw Vegetables 	<p>Friday 29</p> <p>Main course</p> <ul style="list-style-type: none"> • Chicken Couscous and Vegetables • TACOS Bowl • Sloppy Joe • Vegetarian Couscous • DUO Chicken sandwich & pasta salad • Tomato Sauce Lasagnette <p>Beverages</p> <ul style="list-style-type: none"> • Water - 500ml • Juice • Milk carton 2% <p>Desserts & Side Dishes</p> <ul style="list-style-type: none"> • Vanilla Sunny Cookie • Raw Vegetables
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