# November 2026

## Monday 2

**Main course**
- General Tao Chicken
- Mexican Tortillas
- English Muffin Egg /Cheese
- Primavera pasta au gratin
- DUO Ham salad sandwich & salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Multigrain Sunny Cookie
- Raw Vegetables

## Tuesday 3

**Main course**
- Chicken Burger
- Teriyaki Meatballs
- Ham & Cheese Omelette
- VegetarianTeriyaki Meatballs
- Macaroni salad with tuna
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Granola bar
- Raw Vegetables

## Wednesday 4

**Main course**
- Chicken Sausages
- Italian Meatloaf
- Spaghetti Meatballs
- Spag Veggie. Meatballs
- DUO Ham salad sandwich & salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Yogurt Tube
- Raw Vegetables

## Thursday 5

**Main course**
- Mama Mia Pasta
- Chicken Skillet Brocoli & Quinoa
- Pizza BBQ chicken
- Fish Florentine
- Farfalles Chicken Greek Salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Banana chocolate muffin
- Raw Vegetables

## Friday 6

**Main course**
- Chicken Nuggets
- Tacos Bowl
- Ham Pineapple sce
- Mac & Cheese
- DUO Ham salad sandwich & salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Apple Sauce
- Raw Vegetables

## Monday 9

**Main course**
- Hamburger
- Dijon Chicken
- Tradtional English Breakfast
- Veggie Burger
- Turkey & Cheese Baguet
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Yogurt Tube
- Raw Vegetables

## Tuesday 10

**Main course**
- Hamburger Steak
- Chicken strips gravy sauce
- Gourmet Pizza
- Fish sticks
- Orzo & Ham Salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Tricolour Cookie (blueberries,cranberries & white chocolate)
- Raw Vegetables

## Wednesday 11

**Main course**
- Pancake breakfast
- Mexican Mac & Cheese !
- Chicken taouk
- Teriyaki Tofu
- Turkey & Cheese Baguet
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Méli-Mélo Dessert
- Raw Vegetables

## Thursday 12

**Main course**
- Shepherd's Pie
- Chicken Fajitas
- Gigi's Penne
- VEGE Shepherd’s Pie
- Tuna rice salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Fresh Fruit
- Raw Vegetables

## Friday 13

**Main course**
- Pasta meat sauce
- Creole chicken
- Chicken Risotto
- Fish Pucks
- Turkey & Cheese Baguet
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Blueberry muffin
- Raw Vegetables

## Monday 16

**Main course**
- Meat Sauce Lasagnette
- Chicken Couscous and Vegetables
- Meatball Stew
- Vegetarian Couscous
- Egg stuffed buns
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Lemon Poppy oatmeal cookie
- Raw Vegetables

## Tuesday 17

**Main course**
- Pancake sandwich
- Mexican-style rice casserole
- Croque-Ado Sandwich
- Mac & Cheese
- Tortellini & Vegetables Salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Apple-blueberry sauce
- Raw Vegetables

## Wednesday 18

**Main course**
- Hamburger
- Texane Chicken
- Chili Con Carne
- Vegeterian Chili
- Egg stuffed buns
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Yogurt Tube
- Raw Vegetables

## Thursday 19

**Main course**
- Pizzaghetti
- Chinese Macaroni & Chicken
- Chicken Pattati
- Vegetarian pizzaghetti
- Lebanese chicken salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Apple/cinnamon cookie
- Raw Vegetables

## Friday 20

**Main course**
- Beef burrito
- Chicken Parmesan
- Lemon & Dill fish filets
- VEGE burrito
- Egg stuffed buns
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Fresh Fruit
- Raw Vegetables

## Monday 23

**Main course**
- Special MERENDA Brunch
- Swedish meatballs
- Special Hot Chicken plate no bread
- VEGE Swedish meatballs
- DUO Turkey/cheese tortilla & salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Granola bar
- Raw Vegetables

## Tuesday 24

**Main course**
- Butter chicken
- Korean beef
- Al Paston (Mexican)
- Mac & Cheese
- Greek Salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Banana,carrots & pumpikin seeds
- Raw Vegetables

## Wednesday 25

**Main course**
- Shepherd's Pie
- Breakfast Casserole
- Pizza Chicken Pesto
- VEGE Shepherd’s Pie
- DUO Turkey/cheese tortilla & salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Méli-Mélo Dessert
- Raw Vegetables

## Thursday 26

**Main course**
- Popcorn Chicken
- Italien Meatballs
- Merenda Club Roll (cold meal)
- Italian Fish
- Hawaiian salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Fresh Fruit
- Raw Vegetables

## Friday 27

**Main course**
- Hamburger
- Chicken Nachos style
- Chicken Submarine
- Veggie Burger
- DUO Turkey/cheese tortilla & salad
- Cheese Tortellini rosé sce

**Beverages**
- Juice
- Milk carton 2%

**Desserts & Side Dishes**
- Carrot Muffin
- Raw Vegetables

| Monday 30 | Tuesday 1 | Wednesday 2 | Thursday 3 | Friday 4 |
|---|---|---|---|---|
| **Main course**<br>• Pâtes meat sce<br>• Chicken strips gravy sauce<br>• Tradtional English Breakfast<br>• VEGE chicken strips gravy sauce<br>• Chicken salad naan bread<br>• Mac & Cheese<br>**Beverages**<br>• Juice<br>• Milk carton 2%<br>•<br>**Desserts & Side Dishes**<br>• Blueberry Oatmeal Cookie<br>• Raw Vegetables | | | | |

© 2026 **Repas Merenda** All rights reserved. Website design by Vortex Solution.